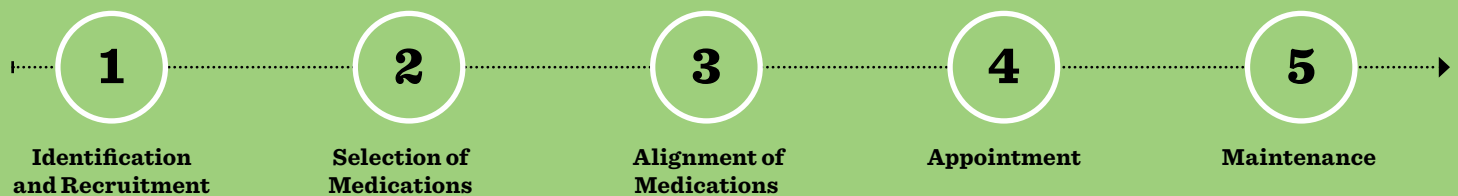


Five Steps to Implementing a Med Sync Program

There are five basic steps to implementing a successful medication synchronization program at your pharmacy, as outlined below. Health Mart has an experienced implementation team to who can assist member pharmacies along the way with hands-on guidance, tools and resources.

The Medication Synchronization Process



Step 1: Patient Identification and Recruitment

Essentially any patient who would benefit from a monthly appointment is eligible. However, when starting a med sync program, it is recommended to narrow the list and focus on specific subsets of patients.

Step 2: Selection of Medications

Selecting the right medications to sync can seem daunting at first. Ideally, all chronic maintenance medications are included. However, there are some considerations to take into account. Discuss which medications to synchronize with the patient. This should be an agreed upon decision, with pharmacy advice offered.

Step 3: Alignment of Medications

Once the medications are selected, you'll need to choose a sync date and complete short fills.

Step 4: The Appointment

An effective appointment with the patient is key to driving the financial and clinical benefits of med sync.

Step 5: Maintenance

Once the appointment is complete, it is crucial that you implement new routines for the pharmacy to properly maintain patients on med sync and add new ones to your workflow.

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