



TOP FIVE STEPS to GETTING STARTED with Med Sync

1

EVALUATE YOUR OPTIONS. There are two ways that a pharmacy can choose to implement med sync:

- *Technology-enabled programs:* Systems that interface with pharmacy-management systems, such as PrescribeWellness, are available — often at discounts — from Health Mart’s partner PSAOs. Implementing these solutions requires a financial investment, but provides the biggest efficiency gains and capability of managing a high number of patients. Using technology is recommended.
- *Paper-based programs:* These programs, such as the APhA Foundation Program or Simplify My Meds, use a file-card model to track patients and schedule monthly appointments. While less expensive to implement, they require more staff time and can be more difficult to scale as your patient base grows.

2

GET THE WHOLE PHARMACY TEAM EDUCATED AND EXCITED, BUT CHOOSE ONE CHAMPION to own day-to-day management.

3

SET A GOAL. Enrolling and syncing 5 patients per day will give you 100 patients in a little over a month. Make sure to recognize staff for meeting goals and celebrate success with lunch for the staff or another incentive.

4

START SMALL AND SMART. Pick a few patients to practice syncing. Look for ones with three to five maintenance medications to align. When the team is comfortable with the process, focus on enrollment every day.

5

FOCUS ON THE LASTING ADVANTAGES, NOT THE INITIAL INVESTMENT. Understand that med sync requires work in advance to short-fill medications and prepare for patient appointments. The work upfront will pay dividends later. Once patients are “synced” for monthly appointments, your pharmacy will begin to experience the benefits. Invest upfront in long-term maintenance of your patients and viability of your pharmacy!

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